

Are Your Health Checks Compliant with the Illinois Medicaid Periodicity Schedule?

The American Academy of Pediatrics developed this tool to assist pediatricians and their staff with Health Check compliance.

*** The bold areas are those most commonly seen with incomplete or missing components of a Health Check screen.*

Updated History: Providers must update the history on each well visit. History must contain present health status and past health history of member, developmental information, allergies and immunization history, family history, dietary history and risk assessment of lead exposure. Yes _____ No _____

Growth: Height, weight and head circumference measured, plotted on graph and documented in the notes. BMI must be calculated and plotted on graph starting at age 2. Yes _____ No _____

Blood Pressure: All children starting at age 3 must have their blood pressure taken with age appropriate cuff and documented in the notes. Yes _____ No _____

Assessment of Nutrition: A detailed nutritional assessment must be taken at every Health Check and documented in the chart. Components of a nutritional assessment include health history, dietary evaluation (Ex: Infants: type of formula, number of ounces per feeding, number of feedings per day, number of wet diapers per day. Late childhood: assessment of food groups, dairy intake, limited consumption of fats). Yes _____ No _____

Vision and Hearing: Vision and hearing must be assessed at every Health Check visit. Based on the periodicity schedule, this may be subjective or objective. Documentation of both, using "pass" or "fail" must be recorded in the chart. Yes _____ No _____

Referrals: Referral and treatment noted between PCP and specialist documented in chart. Yes _____ No _____

Abnormal Labs: Follow-up for abnormal values must be documented in the chart. Yes _____ No _____

Developmental Appraisal: Developmental appraisal must be done by screen, history and physical exam and documented at every Health Check visit. If elect to use tool, document which tool was used. Yes _____ No _____

Metabolic Screening (PKU): If an infant born in a hospital is discharged before 24 hours after birth, a blood specimen shall be collected prior to discharge. In this case a second specimen shall be collected prior to 7 days of age. Results must be documented in the chart for newborns. Yes _____ No _____

Physical Exam: Appropriate unclothed physical will include an age appropriate comprehensive physical exam and must be documented. Yes _____ No _____

Immunizations: Immunizations should be given at the time of the Health Check screen and must be up to date for age and documented in the member's medical record. If the child is referred to another Health Check provider for vaccines, it must be so documented in the medical record. Yes _____ No _____