



**\*\*Attach to Patient's Chart\*\***

**Diabetes Patient Fax Alert\***

**Patient Information**

Physician:	Today's Date:
Patient:	Admitted To:
Member ID:	Admit Date:
Diagnosis:	Discharge Date:

**This member was recently hospitalized and our records reflect the following lab results:**

<b>HbA1C</b>	<b>Date:</b>	<b>Level:</b>
<b>LDL-C</b>	<b>Date:</b>	<b>Level:</b>

**American Diabetes Association Guidelines Recommendations\***

- HbA1C measured two times per year, if stable; Quarterly if not stable
- HbA1C Level: Less than 6.0 percent
- Lipid Profile (LDL-C screening): at least once a year
- LDL-C less than 100mg/dl, fasting triglycerides less than 150 mg/dl and total cholesterol less than 200 mg/dl
- Retinal eye exam performed annually (Refer to Avesis for Medicaid: 800-952-6674)
- Urinalysis for Microalbuminuria: at least annually (dipstick or quantitative)
- Annual dental exam and thorough foot exam by a physician/podiatrist
- Regular counseling on tobacco cessation, diet and exercise modification

*\* Adaptation & Excerpts from the 2004 Clinical Practice Guidelines of the American Diabetes Association (Full text may be accessed via [www.diabetes.org](http://www.diabetes.org) or 1-800-DIABETES).*

**Address questions to our Diabetes Disease Management Program (866) 593-2538.**

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