



\*Si usted necesita esta información en español por favor llame al 1-800-504-2766.

<<Date>>

<<Head of Household>>

<<Address>>

<<City>>, <<State>> <<Zip>>

Member: <<Name>>

ID: <<ID>>

DOB: <<DOB>>

PCP: <<PCP>>

Telephone: <<Telephone>>

Dear Parent/Guardian of <<name of child>>:

<<Name of child>> is <1/2/4/6/9/12/15/18/24> months old and may be due for a well child check-up. Your child must see their PCP within 90 days of joining the health plan. If your child is missing their shots or has not had a recent check up, please call your child's PCP and make an appointment. There is no cost for these

Age	Well Child Check-Up and Immunization Schedule
0-2 Weeks	Well Child Check-Up.
2 Months	Well Child Check-Up, Diphtheria, Tetanus and Pertussis (DTaP), Hepatitis B (HepB), Haemophilus influenzae type b (Hib), Inactivated Polio virus (IPV), Pneumococcal vaccine (PCV).
4 Months	Well Child Check-Up, DTaP, HepB, Hib, IPV, PCV.
6 Months	Well Child Check-Up, DTaP, HepB, Hib, IPV, PCV.
9 Months	Well Child Check-Up, Lead Screening.
12 Months	Well Child Check-Up, Annual Dental Exam, Lead Test, Measles, Mumps, Rubella (MMR) sometime between 12 and 15 months.
15 Months	Well Child Check-Up, DTaP, Hib, MMR, PCV, Chickenpox (Varicella), MMR sometime between 12 months and 15 months.
18 Months	Well Child Check-Up.
24 Months	Well Child Check-Up, Annual Dental Exam, Lead Test.

Please call Customer Service at 1-800-504-2766 (TTD/TTY users, call 1-877-247-6272) if the PCP on your ID card does not match the name on this letter or you need help with making an appointment or arranging transportation. You can reach us weekdays 7 a.m. to 7p.m. ET.

Harmony also has a Personal Health Advisor who can answer your health questions. When you're not sure what kind of care your child needs, call your Personal Health Advisor at 1-800-608-8158. There is no charge for this. You can call any time, any day.

*For people with Asthma:*

If your child has asthma and has not seen their doctor in the last 3 months, it is important that you call and make an appointment for your child.

*For people with Diabetes:*

If your child has diabetes and has not seen their doctor in the last 3 months, it is important that you call and make an appointment for your child.

National Guidelines recommend people with diabetes receive the following:

- Blood Sugar average, hemoglobin A1c (HbA1c) measured at least once a year (goal is less than 7%)
- LDL-cholesterol measured at least once a year (if greater than 100mg/dL, appropriate treatment is needed)
- A microscopic urine test for protein once a year
- Eye Exam (dilated) by an eye care professional once a year
- Routine foot exams

Regards,  
Harmony of Illinois