



## Pediatric Preventive Health Care Guidelines for Members

### Newborn to 21 Years Old

Age	Well-Baby Checkups and Shot Guide
Newborn	Well-baby checkup* at birth. Hearing test; newborn screening blood tests and hepatitis B (HepB) shot
3 to 5 Days	Well-baby checkup* as recommended by your doctor, including newborn screening blood tests
1 Month	Well-baby checkup*; HepB (second dose between 1 and 2 months)
2 Months	Well-baby checkup*; Diphtheria, tetanus, and pertussis (DTaP), Rotavirus (RV), Polio (IPV), Pneumococcal conjugate (PCV), and Haemophilus influenzae type b, (Hib) shots
4 Months	Well-baby checkup*; DTaP, Hib, IPV, PCV, and RV shots
6 Months	Well-baby checkup*; DTaP, HepB, IPV, PCV, Hib, and RV shots; Blood lead risk assessment; begin yearly flu shots in the fall or winter
9 Months	Well-baby checkup*; blood lead risk assessment.
12 Months	Well-baby checkup*; blood lead test, hemoglobin or hematocrit (Blood counts), Hib; Measles, Mumps and Rubella (MMR), hepatitis A (HepA)[2 doses series] between 12 and 23 months, Varicella (chickenpox VZV), PCV (between 12 and 15 months) and yearly flu shot; dental visit as need identified**
15 Months	Well-baby checkup*; DTaP shot (between 15 and 18 months)
18 Months	Well-baby checkup*; HepA shot (6 months after the first dose), dental visit
24 Months	Well-baby checkup*; blood lead test, yearly flu shot during fall or winter, dental visit
30 Months	Well-baby checkup*; dental visit
Age	Well-Child Checkups and Shot Guide
3 Years	Well-child checkup*; dental visit twice a year; eye screening , yearly flu shot
4 to 6 Years	Well-child checkup* every year; dental visit twice a year; eye screening; DTaP, IPV, MMR, VZV shots
7 to 10 Years	Well-child checkup* every year; dental visit twice a year, yearly flu shot; human papillomavirus vaccine (HPV***) with a minimum age: 9 years
11 to 12 Years	Well-child checkup* every year; Meningococcal conjugate vaccine (MCV), tetanus, diphtheria and pertussis vaccine (Tdap), human papillomavirus vaccine (HPV) series, yearly flu shot, dental visit twice a year
13 to 21 Years	Well-adolescent checkup* every year; HPV series (if not administered previously), yearly flu shot, dental visit twice a year; females should have a pelvic exam and Pap smear if sexually active

#### NOTES

\* Well-baby, -child and -adolescent checkups: physical exam with infant totally unclothed or older child undressed and suitably covered, health history, developmental and behavioral assessment (autism, depression, and or Attention Deficit Hyperactivity Disorder (ADHD), health education (sleep position counseling from 0–9 months, injury/violence prevention and nutrition counseling), height, weight, test for obesity (known as BMI), vision and hearing screening, head circumference at 0–24 months, and blood

pressure at least every year beginning at age 3

Your doctor will also perform the following services as needed based on age, results or risk factors:

- Hemoglobin or hematocrit at ages 4, 12, 18, 24 months and 3 years to 21 years old
- Lead risk assessments and/or testing from 3 to 6 years old 6 to 72 months
- Tuberculosis risk assessments and/or testing from age 12 months through 21 years old at age 1, 6,12,18,24 months and 3 to 21 years old
- Cardiovascular disease risk assessments and cholesterol screening from age 2 years to 21 years old
- Sexually transmitted infections testing from age 11 years to 21 years old
- “Catch up” on any shots that have been missed at an earlier age
- Depression, Substance abuse, Sexual activity, Tobacco use and cessation, and Physical Activity
- Referrals to specialists as needed

\*\*Dental visits or referrals may be recommended beginning at 6 months.

\*\*\*HPV Coverage is subject to individual state benefit plan

This is just a guide. It does not replace your doctor’s advice. Talk with your doctor to make sure you and your family gets the right tests and care.

## References

2008 Bright Futures/American Academy of Pediatrics ([www.aap.org](http://www.aap.org))

Committee on Practice and Ambulatory Medicine Recommendations for Preventive Pediatric Health Care, *PEDIATRICS*, Vol. 105 (3), March 2000, pages 645–646, Copyright © 2000 by the AAP.

Recommended Immunization Schedules for Persons Aged 0-18 Years -- United States, 2011 approved by the Advisory Committee on Immunization Practices (ACIP) <http://www.cdc.gov/vaccines/recs/schedules/child-schedule.htm#printable> , the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

Catch-up Immunization Schedule for Persons Aged 4 Months Through 18 years Who Start Late or Who Are More Than 1 Month Behind, United States-2009, approved by the Advisory Committee on Immunization Practices ([www.cdc.gov/nip/acip/](http://www.cdc.gov/nip/acip/)), 2008 Bright Futures/American Academy of Pediatrics ([www.aap.org](http://www.aap.org)) and the American Academy of Family Physicians ([www.aafp.org](http://www.aafp.org)).

American Dental Association (<http://www.ada.org/>)

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